

What Happens To Your Food?

Iain Gilmour

Verse 1

Talkin' 'bout digestion,
Is there any question?
When you swallow all your food what happens then?
Is it in your tummy,
That it all goes runny?
And what exactly happens in your guts?
Why can you tell,
When you're not well,
With tummy ache and number twos?

Chorus

What happens to your food, food, food,
When it has been chewed, chewed, chewed?
Don't mean to be rude, rude, rude,
But we might have to mention toilets.
Time you knew, knew, knew,
What your body's gotta do, do, do,
When you're on the loo, loo, loo,
Nuff said!

Verse 2

First you start with chewin',
Know what you are doin'?
Getting enzymes and saliva all mixed up.
Now it's time to swallow,
Down a tube that's hollow,
Oesophagus has nothing much to rhyme!
Now comes the fun,
Inside your tum,
The gastric juices start to work.

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Chorus

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Verse 3

In the small intestine,
Most important section,
Where the good bits of the food all get absorbed.
Helped out by the liver,
Bile it does deliver,
The pancreas it offers more enzymes.
Large intestine,
Stores for some time,
Left over waste that's known as stools.

Chorus

Bridge

The intestines go for miles and miles,
And sometimes when a baby smiles,
It means that it has done a great big YUCK!

Chorus

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