



Contortionist

Music and lyrics by
Iain Gilmour

♩ = 122

Ab Db7 Eb Ab Db Cb A Ab

Would you like to
Might take time be -

Ab Db Db

be a great con-tor-tion-ist? Show the world that you're a cir-cus spe-cial-ist?
fore you're a per-fec-tion-ist. Might feel like you want to quit; you must re-sist.

Eb Eb Ab

Good e-nough to beat a-ny gold me-dal-list, Bend-ing back un-til your nose is
Take your time don't get your kni-ckers in a twist. Takes a while to learn the knack of

E \flat Ab Ab

le-vel with your lit-tle toes! Here's a song to help a-chieve the thing you wish,
mov-ing sec-tions of your back. "One step at a time," would say a stra-te-gist.

D \flat D \flat E \flat

Quick in-struc-tions set out in a lit-tle list, No-thing de-tailed,
Aw-ful if you find a sec-tion has been missed, And you need to

E \flat Ab D \flat 7 E \flat 1. Ab D \flat C \flat A

no spe-cif-ics, just a gist... When you try it tell us how it goes.
see a phys-io-the-ra-pist, To straight-en out your spine up-on a rack.

2. A^b D^b C^b E^7 A A D

goes Find a train-er or a coach you can en-list, Check your di-et

D E E A

with a good nu-tri-tion-ist, Vit - a - mins from a - ny high street pharm-a-cist, Con

A E^7 A

tor tion-ists will soon ad-mit it on - ly works when you are fit. Ex - er - cise each

A D D

day your train-er will in-sist, Won't be ea - sy so you rea - lly must per-sist,

E E A D E

Soonyou'll findyour headandshoul- dersin-ter-twist, Canscratchyourearswith toenailswhenyou

A D C F⁷ B^b B^b E^b

sit. 4.Be come fa-mous, findyour-self a pu-bli-cist, In-ter-viewswith

E^b F F

all the lo - caljourn - a - lists, Get on T V as a gameshowpa - nel - list,

B^b F B^b

Whenyou'regood atwhat youdo, thenfame andfor-tunewait foryou.Whenyou're a ce -

B \flat Eb Eb

le - bri - ty con - tor - tion - ist. Five star treat ment In "Hel - lo" you are "A" list,

Detailed description: This system contains the first three measures of the piece. The vocal line features triplets of eighth notes in the first and third measures, with lyrics 'le - bri - ty con - tor - tion - ist.' and 'In "Hel - lo" you are "A" list,'. The piano accompaniment consists of chords in the right hand and a simple bass line in the left hand. Chord symbols B \flat , Eb, and Eb are placed above the first, second, and third measures respectively.

F F B \flat Eb⁷ F

Head line news a - bout the pop - star that you kissed, It's rea - lly like a dream come true, Be -

Detailed description: This system contains the next three measures. The vocal line continues with triplets of eighth notes and lyrics 'Head line news a - bout the pop - star that you kissed, It's rea - lly like a dream come true, Be -'. The piano accompaniment continues with chords and a bass line. Chord symbols F, F, B \flat , Eb⁷, and F are placed above the first, second, third, fourth, and fifth measures respectively.

B \flat Eb F B \flat Eb F B \flat

cause of what you learned to do, Con - tor - tion - is - m is the thing for you.

Detailed description: This system contains the final three measures of the piece. The vocal line concludes with triplets of eighth notes and lyrics 'cause of what you learned to do, Con - tor - tion - is - m is the thing for you.'. The piano accompaniment concludes with chords and a bass line. Chord symbols B \flat , Eb, F, B \flat , Eb, F, and B \flat are placed above the first, second, third, fourth, fifth, sixth, and seventh measures respectively.