

It's CPR

Iain Gilmour

Verse

Someone's in trouble,
What should you do?
Check if they're breathing,
Or talking too.
Time to get help now,
Call 999.
Then roll your sleeves up,
Because it's time.
Just remember the things you were taught when the medics trained you,
There's no turning back, it's up to you!

Chorus

Lock your hands, place on the chest,
Keep your arms straight, do not rest.
Get a rhythm deep and strong,
Keep it up no matter how long.
It's time to find out who you are,
Lock your hands, place on the chest,
Keep your arms straight, do not rest.
Get a rhythm deep and strong,
Keep it up no matter how long.
It's time to find out who you are,
It's CPR.
It's CPR.
It's CPR.

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