

# Clean Air Outside And In

Catherine Brentnall

## Verse 1

Smoke from factories, engine fumes,  
Pollution surrounds us, beware!  
But everybody assumes,  
It's only an issue in the open air.  
Well air pollution can be indoors too,  
Caused by everyday things we do.  
But once you understand the reasons why,  
It isn't too hard to rectify.

## Chorus

We need to breathe clean air, outside and in.  
Clean air, it's time to begin.  
A few simple changes to things we do,  
Will improve the air, and keep us healthy too.

## Verse 2

When cleaning your home, with bleaches and sprays,  
Be sure to choose these carefully.  
Some can irritate your airways,  
Buy those that are mild, and fragrance free.  
Emissions from combustion when you're cooking tea,  
Or heating your home, can be unhealthy.  
So open the window, use a fan,  
Choose smokeless fuels wherever you can.

## Chorus

We need to breathe clean air, outside and in.  
Clean air, it's time to begin.  
A few simple changes to things we do,  
Will improve the air, and keep us healthy too.

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## Bridge

Damp and mould can make you wheeze,  
But they can be eradicated with ease.  
The secret is ventilation,  
It's all about education!

## Chorus

We need to breathe clean air, outside and in.  
Clean air, it's time to begin.  
A few simple changes to things we do,  
Will improve the air, and keep us healthy too.  
Clean air.  
Clean air.

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